

STARBUCKS® Spring '26 Food Nutritional Information									
Produkt	Portionsgrösse	Energiewert (kcal)	Fett (g)	davon gesättigt (g)	Kohlenhydrate (g)	davon Zucker (g)	Ballaststoffe (g)	Eiweiss (g)	Salzgehalt (g)
Croissant (vegan)	60	253	13	6.4	28	4.8	1.6	5.1	0.5
Croissant unbaked (vegan)	70	245	13	6.4	28	4.8	1.5	4.9	0.5
Pain au Chocolat (vegan)	71	292	15	7.7	33	8.8	2.2	5.7	0.52
Pain au Chocolat unbaked (vegan)	80	297	15	7.7	33	8.7	2.1	5.5	0.52
Belgian Waffel	115	525	29	15	56	24	3.3	6.4	0.9
Pistachio Brownie	65	271	13	7.3	33	25	2	3.8	0.07
Classic Brownie	62	278	14	8.3	34	26	2.1	3.8	0.07
Power Oat Bread	85	286	16	1.8	28	18	3.1	5.7	0.53
Red Velvet Bar Cake	100	398	21	4.5	48	31	0.8	3.4	0.26
Matcha Bar Cake	65	223	10	1.1	28	14	1.6	4.5	0.57
Chocolate Bar Cake	90	359	18	4.7	44	29	1.8	3.8	0.21
Lemon Bar Cake	80	287	16	3	33	21	0.6	2.8	0.16
Cinnamon Roll	120	373	16	9.0	48	22	2.5	7.9	0.4
Velvet Ube Roll	120	390	17	10	50	4.3	4.3	7.2	0.5
Pistachio Cinnamon Roll	120	434	19	11	60	24	4.7	3.5	0.5
Sweet Trinity Chocolate Dream	85	362	19	8.4	42	19	1.3	5.1	0.4
Sweet Trinity Pistachio Passion	85	345	20	8.3	34	12	1.3	6.5	0.4
Chocolate Cream Cheese Muffin	115	427	23	5.8	45	25	2.6	6.6	0.78
Blueberry Muffin	115	397	20	2.5	48	24	0.6	5.9	1.5
Triple Chocolate Muffin	115	476	26	4.8	57	24	3.6	6.7	0.84
Pistachio Muffin	115	446	22	2.6	53	25	2.3	7.9	0.74
Choc-o-lot Bite / Beignet	25	128	8.2	3.2	12	6.1	0.7	1.7	0.17
Berry Bite /Beignet	25	104	5.9	2.7	11	5.2	0.5	1.4	0.17
Apricotty Bite / Beignet	25	95	5	2,3	11	4.8	0.5	1.4	0.16
Dark Chocolate Brookie	92	396	17	8.1	55	31	2.3	6.5	0.23
Chocolate Chip Brookie	92	394	18	7.6	52	25	1.5	6.8	0.28
Green Velvet Brookie	92	401	20	10	48	21	2.8	6.7	0.29
New York Cheesecake	119	425	29	16	33	22	0	6.1	0.91
Raspberry Cheesecake	176	631	44	26	48	33	1.8	8.8	1.1
Chocolate Lovin' Spoon Cake	202	720	39	22	84	59	6.1	8.1	0.87
Carrot Cake	181	764	49	18	78	54	1.4	8.0	0.52
Croissant Roll Bacon & Egg	165	526	35	18	31	6.1	1.5	21	2.0
Sesam Cream Cheese Bagel	125	400	24	13	37	2.9	2.4	8.8	1.5
Chicken Coleslaw Pretzel	165	388	13	4.5	50	6.8	3.6	16	2.6
Salmon Bagel	175	413	18	3.3	42	3.5	3.7	19	2.3
Tomato & Mozzarella Ciabatta	210	491	25	9.0	59	3.8	2.9	19	2.1
Ham & Cheese Croissant	175	594	39	25	31	3.9	1.6	25	2.6
Antipasti Sandwich	190	456	16	2.1	66	14		11	2.3
Cheese Toastie	120	336	14	8.9	38	2.6	2.6	11	1.7
Fra Nui Milk Chocolate	150	537	33	19.5	53	51	2.1	7.8	0.16
Fra Nui Dark Chocolate	150	561	38	24	47	44	4.1	7.1	0.09